Skill: Character Education, based on The 7 Habits of Happy Kids, by Covey

Directions: Choose a task card and a writing page. Write about the topic.
Trait 1: Be Proactive

You are in charge of you. Write about a time that you decided to do the right thing, even though no one was watching you.

Trait 2: Begin with the End in Mind

Write about a time you set a goal. What was your goal? How did you complete it?
Trait 3: First Things First
Write about a time you worked before playing. How did it make you feel?

Trait 4: Think Win-Win
Write about a time that you took care of your friend’s feelings.
Trait 5: Seek First to Understand
How can you be a good listener in class? How can you be a good listener with your friends?

Trait 6: Synergize
Write about a time that you and a friend solved a problem together.
Trait 7: Sharpen the Saw

Write about how you take care of your body and make healthy choices.

I’m a Happy Kid!!

What makes you happy? What makes your friends happy? What makes your family happy?
Trait 1: Be Proactive
Trait 2: Begin With the End in Mind

Finish
Trait 3: First Things First

Name ____________________
Trait 4: Think Win-Win
Trait 5: Seek First to Understand

Name ____________________
Trait 7: Sharpen the Saw