

Name: _____

Muscular System

Directions: Do you know about your muscles? Write five facts you think you know about your amazing muscles.

1. _____
2. _____
3. _____
4. _____
5. _____

Directions: Research and write the information about your muscles below.

1. What is another name for smooth muscle? _____
2. What does involuntary mean? _____
3. What's another name for skeletal muscle? _____
4. What does striated mean? _____
5. Where are the pectoral muscles located? _____
6. What muscle is the gluteus maximus? _____
7. What does a muscle do when it contracts? _____
8. What kind of muscles are in the esophagus. _____
9. Where are over half the bones in the skeleton located? _____
10. How are muscles held to the bones? _____