Compassion

Compassion is showing empathy, kindness, and charity. It is also thinking about others. There are many ways to show compassion.

Heather was always the first person to help when someone in the class was sad. If someone came in crying or sad, she always gave them a hug. She was there to listen. If someone got upset in class, she could make them feel better. Heather had compassion.

Tommy liked to help people when they needed it. He opened doors if someone’s hands were full. If you dropped your stuff, he’d be the one to help you pick it up. He didn’t laugh at people, because he knew how it felt to be laughed at. Tommy was great at showing kindness.

How do you show compassion?
Compassion

1. Who helps cheer up sad people?
   A) Beth   B) Joan   C) Heather   D) Jane

2. Who helps people when they need it?
   A) Tommy   B) Bobby   C) Jimmy   D) Ryan

3. Tommy was great at showing ________.
   A) greed   B) anger   C) bitterness   D) kindness

4. Compassion is being mean to other kids.
   A) True   B) False

5. I can show compassion by ____________________________
   ____________________________
Compassion

1. Who helps cheer up sad people?
   A. Beth   B. Joan   C. Heather   D. Jane
   [Answer: C. Heather]

2. Who helps people when they need it?
   A. Tommy   B. Bobby   C. Jimmy   D. Ryan
   [Answer: A. Tommy]

3. Tommy was great at showing ________ .
   A. greed   B. anger   C. bitterness   D. kindness
   [Answer: D. kindness]

4. Compassion is being mean to other kids.
   A. True   B. False
   [Answer: B. False]

5. I can show compassion by ____________________________