Push Up Song Music and Lyrics by: Have Fun Teaching

Push up

Roll to the left Clap, Clap, Clap Roll to the right Clap, Clap, Clap

Push up

Roll to the left Clap, Clap, Clap Roll to the right Clap, Clap, Clap

Push up

Sit up straight
Put your hands in your lap
Put you hands in the air
And go Clap, Clap, Clap